



Williamsburg Community Health Foundation

Increasing Access to Quality Care – Promoting Responsible Health Practices

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For Immediate Release

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WCHF Awards Grants Totaling \$537,300 to 10 Community Programs

WILLIAMSBURG, VA – The Williamsburg Community Health Foundation today announced it has awarded 10 grants totaling \$537,300 to programs supporting behavioral health services, serving seniors and promoting wellness and prevention.

Jeanne Zeidler, president and chief executive officer, said, “Agencies are being squeezed by rising demand and a declining number of funding sources. We are pleased to provide support to programs that offer important services to our citizens.”

The grants supporting behavioral health programs are:

- **Arc of Greater Williamsburg** will receive \$20,000 to support an ongoing program providing exercise, promoting wellness and monitoring the health of its clients. Adults with intellectual or developmental disabilities have a higher risk of obesity than the general population.
- **Child and Family Connection** will receive a \$38,000 grant supporting a program addressing the emotional and physical well-being of uninsured and under-insured

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clients. The program includes a focus on the region's Latino population, which comprises about a quarter of the families it serves.

- **New Horizons Family Counseling Center**, operated by the College of William and Mary, will receive \$115,000 for a program offering family-centered mental health services to children with emotional and behavioral disorders.
- **Colonial Community Corrections** will receive a \$38,300 grant for its Better Ways program, which provides substance abuse services in coordination with regional law enforcement authorities.

Grants for programs serving seniors are:

- **The Center for Excellence in Aging and Geriatric Health** will receive an \$80,000 grant to support a program that trains clinicians to identify substance abuse in patients 55 and older and make referrals.
- **The Peninsula Agency on Aging** will receive a \$25,000 grant to support its PADRN.org website, a resource connecting seniors aging in place at home with service providers in the region.
- **The Peninsula Agency on Aging** also will receive a \$128,000 grant for Senior Health Assistance Resource Project. SHARP provides in-home care to frail, low-income seniors.
- **The Senior Services Coalition** will receive a \$53,000 grant to focus on implementing strategies addressing the needs of Williamsburg's seniors, including those identified in its Community Action Plan on Aging.
- **Williamsburg Faith in Action** will receive a \$20,000 grant to provide non-emergency medical transportation to seniors and other adults with chronic illness or physical disability.

The grant for a wellness and prevention program is:

- **Fish, Inc.** will receive a \$20,000 grant to provide food, personal hygiene and household cleaning supplies to citizens in crisis.

More information about the Foundation's grant-making policies and process is available at www.WCHF.com.

The Williamsburg Community Health Foundation, a private non-profit organization, supports programs that improve the health of people living in Williamsburg and surrounding counties. It focuses on enhancing access to quality health services and promoting responsible health practices. The foundation was formed in 1996. Since then it has given more than \$50 million to support community health programs in the area.

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