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Carol L. Sale, RN, MSN President & CEO

It may seem odd to say, but good things happened in 2020.

From our President & CEO

It may seem odd to say, but good things happened in 2020.

Even as we isolated ourselves, even as those who could stay home did stay home, even as we wore masks and stood six feet apart, people in Greater Williamsburg came together.

Behind the scenes at the Williamsburg Health Foundation, we witnessed, in a matter of days, organizations pivot and activate in new ways to deliver critical services. We witnessed incredible "Quaranteams" form as leaders volunteered their organizational resources to help other organizations meet the most urgent needs of the community.

It is impossible to point to all the ongoing ingenuity, the flexing of plans, and the last-hour hustle that helped this community weather the pandemic. If you look at food systems alone in this community, you see an incredible story of transformation and partnership. In a traditional food pantry, people went into a building to pick up their food. Instead, food pantries began, and continue to hold, drive-through food distributions. School bus drivers drove meals, not children, to and from schools. The Arc of Greater Williamsburg and Williamsburg Area Faith in Action began taking orders for and delivering food from local pantries like Williamsburg House of Mercy and Grove Christian Outreach Center to those who could not get out to pantries.

One of our anchor institutions, Colonial Williamsburg (CW), opened a shuttered hotel for people displaced by the pandemic, cooked meals for distribution, grew food for the community in its gardens, and opened its decorative gardens for everyone's enjoyment. In 2021, CW transformed its Visitors Center to a vaccination center. CW is one example of the type of leadership we saw from so many organizations and individuals.

Equally as miraculous, some of these impromptu coalitions and "Quaranteams" have stayed in

From our Board Chair

place for more than a year and are solving problem after problem.

In healthcare, we saw heroics in so many forms. Our safety-net clinics adjusted their operations in 2020 to continue to meet the needs of our most vulnerable residents, providing ongoing chronic care management as well as COVID testing and vaccinations as they became available.

The COVID-19 pandemic disproportionately impacted African Americans and all people of color. Our vision is "individuals making healthy choices in a community with health opportunity for all." The inequities of this pandemic illustrate why this foundation has long envisioned the need for greater health opportunities "for all."

While our vision remains the same, in 2020, we adapted and evolved, too. As many of our funds were directed to programs that could not adequately function in a pandemic, we unrestricted nearly 2.7 million dollars of our 2019 grants. This permitted agencies to redeploy dollars they already had in the bank to pivot and respond to the pandemic.

We also revised our strategic plan in 2020. While our vision of "individuals making healthy choices in a community with health opportunity for all" remains unchanged, our mission statement evolved to emphasize the importance of creating systems that make for a healthier community. We invite you to visit our new website and learn more about our work, grants, and mission to "collaborate, innovate, and invest to impact systems that improve the health and well-being of individuals living in Greater Williamsburg." The new plan is printed in the back of this report.

Join us in this work. Every individual can impact the health of the community. Be an active and engaged member of Greater Williamsburg. We are all happier and healthier when we stay close as a community.



Intto

Jackson C. Tuttle, ll *Chair, Board of Trustees*

We are all happier and healthier when we stay close as a community.

The HEART of our Work

Child Health Initiative

Through the Child Health Initiative, home visitors, including nurses and social workers, take a "whole family" or "two-generation" approach to long-term wellness for children.

Home visitors assist each member of a family with reaching goals they set for themselves. For a parent those goals may include more education, better employment, or safe, stable housing — foundational influencers of good health. Goals often include ensuring children are up-to-date on all preventative care, attending school, and forming healthy habits.

In response to the pandemic, families received laptops or tablets to allow them to continue their education and employment and obtain healthcare while staying safe.



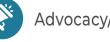
2020 Grants Awarded



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Childhood and Family Intervention Services

Center for Child and Family Services, Inc. kidsandfamilies.com The Reboot Program \$103,000
Child Development Resources cdr.org
Basic Operating Support
Child Health Initiative \$250,000
James City County Child Health Initiative \$270,000



Advocacy/Community Education

#### United Way of the Virginia Peninsula uwvp.org

Greater Williamsburg Trauma-Informed Community Network



Access to Healthy Food

#### **Community Housing Partners**

communitypartnersva.com	
Mobile Food Pantry	

#### Peninsula Agency on Aging

paainc.org	
Nutritious Noontime Meals	.\$65,000

#### Virginia Peninsula Foodbank

*hrfoodbank.org* Mobile Food Pantry: Fresh Produce Program ......\$35,000

#### Williamsburg House of Mercy, Inc.

williamsburghouseofmercy.org
Mobile Food Pantry \$9,000

## 2020 Grants Awarded





#### Wellness Promotion

The Arc of Greater Williamsburg thearcgw.org Fitness Program
Bacon Street Youth and Family Services baconstreet.org The Bridges Project\$27,000
One Child Center for Autism onechildcenterforautism.org Kids' Night\$7,500

#### Williamsburg-James City County Public School Division wjccschools.org/academics/ship School Health Initiative Program (SHIP).... \$670,000



#### Information and Referral

#### **Colonial Behavioral Health**

*colonialbh.org* WMBGCARES.ORG Greater Williamsburg Network of Care (NOC).....\$37,000

#### Peninsula Agency on Aging

*pααinc.org* Greater Williamsburg Aging and Disability Resource Center . . . . . . . . . . . . \$70,000

## The HEART of our Work

## Promoting Lifelong Healing

Greater Williamsburg Trauma-Informed Care Network (GW-TICN) began in 2019 to spread awareness of the impact of trauma on individuals and families. GW-TICN is based upon the science of adverse childhood experiences (ACEs), which shows that trauma from childhood can have lifelong physical and mental health consequences. GW-TICN implements trauma-aware practices to heal those who have been exposed to trauma and prevent generational cycles of trauma. This group includes over 40 organizations and makes us close as a community.

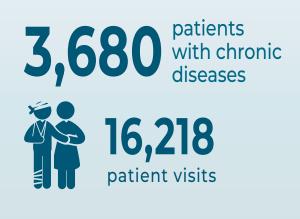
## community **40**⁺ organizations

- Including:
- **4** Localities
- **3** School Districts
- **2** Statewide Agencies
- **2** Hospital Systems

## The HEART of our Work

## Advanced Primary Care

Medical professionals always face risk of exposure to illness from their patients, but the COVID-19 pandemic took this risk to a new level. Despite the risks to themselves, staff at Gloucester Mathews Care Clinic, Lackey Clinic, and Olde Towne Medical & Dental Center continued to see their patients. Numerous innovations, including a significant increase in the provision of telehealth services, were quickly devised and implemented. Through the extraordinary efforts of clinic staff and funding from WHF's Chronic Care Collaborative, patients with chronic diseases such as high blood pressure, diabetes, depression, COPD, and obesity still received needed care.



## 2020 Grants Awarded





Advanced Primary Care

#### **Gloucester Mathews Care Clinic**

*gmcareclinic.com* Chronic Care Collaborative ...... \$200,000

#### Lackey Clinic

#### Olde Towne Medical & Dental Center

oldetownemedicalcenter.org	
Chronic Care Collaborative	\$250,000
Support for Clinic Operations	\$337,500



Behavioral Healthcare

#### Center for Child & Family Services, Inc.

kidsandfamilies.com	
Multicultural Counseling	
and Outreach Program \$40,	000
Neurofeedback Counseling Program \$6,	500

#### **Colonial Behavioral Health**

colonialbh.org	
Chronic Care Collaborative \$140,000	
Greater Williamsburg Child	
Assessment Center	
Intensive Outpatient Program (IOP) \$50,000	

#### Elk Hill Farm, Inc.

*elkhill.org* Elk Hill's York County School-Based Mental Health Program for York County . . . . \$10,000

#### Postpartum Support Virginia, Inc.

postpartumva.org Healthy Mothers, Healthy Babies ..... \$15,000

#### William & Mary School of Education, New Horizons Family Counseling Center

*education.wm.edu* Youth and Family Counseling Program ..... \$95,000

## 2020 Grants Awarded





### **Medication Access**

#### Rx Partnership

rxpartnership.org
Access to Medication Program (AMP)......\$12,500
Chronic Care Collaborative .....\$46,000

#### Virginia Health Care Foundation

vhcf.orgGreater Williamsburg MedicationAccess Program (GWMAP) ..... \$375,000



Access to Healthcare Services

The Doorways thedoorways.org Basic Operating Support ...... \$15,000

#### Foundation for Rehabilitation Equipment

& Endowment (F.R.E.E.) free-foundation.org F.R.E.E. of Williamsburg ...... \$26,000

#### Greater Williamsburg Heartsafe Alliance heartsafewmbg.com Greater Williamsburg Heartsafe Alliance.... \$20,000

Literacy for Life at the Rita Welsh Adult Learning Center literacyforlife.org Health Education and Literacy Program (HEAL) in Williamsburg......\$50,000

#### Peninsula Agency on Aging (PAA)

paainc.org RIDES Program ......\$120,000

#### Williamsburg Area Faith in Action

*wfia.org* Medical Transportation ......\$37,500

## The HEART of our Work

## Access to Medication

Through programs from the Virginia Health Care Foundation and RxPartnership, patients at Gloucester Mathews Care Clinic, Lackey Clinic, and Olde Towne Medical & Dental Center receive prescription medications at no cost.

With the onset of the pandemic, clinics quickly had to pivot from the traditional model of patients coming into clinics to pick up medicine. Instead, prescriptions had to go outside to get to patients! Staff improvised walk-up windows and parking-lot pickups, and used the U.S. mail so patients did not go without their necessary medication. Despite the pandemic, **over 16 million dollars in medications were dispensed** through these three clinics.





**37,502** 30-day filled prescriptions

## The HEART of our Work

## Stronger Agencies Mean a Healthier Community

At WHF, we strive to help nonprofit agencies grow and flourish. It's at the heart of our work.

Catchafire.org strengthens local agencies and the social sector at large by matching professionals who want to donate their time with nonprofits who need their skills. WHF supports membership in this valuable service.

#### Top project types:

- Translation
- Branded Digital Assets
- Flyer Graphic Design
- Website

project

## **75** agencies matched on a Catchafire

**\$1.1+ million** in consulting and projects



## 6,000 hours of volunteer time

## 2020 Grants Awarded



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Capacity Building/ Technical Assistance

#### NetworkPeninsula

*networkpeninsula.org* Nonprofit Management Institute ..... \$22,500

#### One Child Center for Autism

onechildcenterforautism.org Capacity Building .....\$15,000

#### Williamsburg Area Faith in Action

*wfia.org* Support for a Development Director ..... \$14,000



Direct Charitable Activities, Discretionary Grants, and Annual Awards

.....\$333,409



Other

**City of Williamsburg** COVID-19 Eviction Prevention Program .... \$270,000

James City County COVID-19 Eviction Prevention Program .... \$430,000

**York County** COVID-19 Eviction Prevention Program .... \$300,000



total amount of grants awarded for 2020

## WHF Financial Summary

Despite the challenges of 2020, the Foundation remained committed to its vision of investing in systems that improve the health and well-being of individuals living in Greater Williamsburg. To this end, the Foundation awarded 5.7 million dollars in grants to local nonprofits, which included a 1 million dollar grant to prevent rental evictions of area residents because of the COVID-19 pandemic.

The Foundation's overall investment strategy is to ensure assets are available to address the community's needs and opportunities in perpetuity. Its commitment to transparency has earned it a platinum seal from GuideStar, the world's largest source of nonprofit information.

#### Summary Statements of Financial Position (in thousands) As of December 31

	2020	2019
TOTAL ASSETS	\$137,900	\$128,500
Liabilities: Grants and Other Accounts Payable	600	700
Unrestricted Net Assets	137,300	127,800
LIABILITIES AND NET ASSETS	\$137,900	\$128,500

#### Summary Statements of Activities

#### UNRESTRICTED REVENUE AND GAINS (LOSSES)

Investment Income and Gains (Losses), Net of Fees	\$16,800	\$18,300
EXPENSES		
Community Grants	5,700	5,000
Program, General, and Administrative Expenses	1,524	1,412
Federal Excise and State		
Tax (Benefit) Expense	76	88
	\$7,300	\$6,500
CHANGE IN NET ASSETS	9,500	11,800
NET ASSETS, BEGINNING OF YEAR	127,800	116,000
NET ASSETS, END OF YEAR	\$137,300	\$127,800

## The **HEART** of leadership

## Leading the Charge in Community Service

The faith community has been a major force in Greater Williamsburg's fight against COVID-19. Together with healthcare partners, Dr. Robert A. Whitehead and members of the Tri-County Pastors' Council organized testing at church locations. A leader in the COVID-19 Community Collaboration, Dr. Whitehead then volunteered to lead the 2021 vaccination effort on behalf of faith groups and nonprofits. With a team of schedulers, drivers, and greeters at the vaccination center (including himself). Pastor Whitehead made the entire community safer, healthier, and closer.



Dr. Robert A. Whitehead, Sr., Pastor Photo credit: Kim O'Brien Root

# 2021-23



Individuals **making healthy choices** in a community with health opportunities for all.



## Mission

Collaborate, innovate, and

**invest** to impact systems that improve the health and well-being of individuals living in Greater Williamsburg.



**Advance** organizations, systems, and public policy crucial to community health and well-being.

**Target** behavioral and social risk factors that influence the health of individuals throughout the life span.

**Strengthen** the healthcare safety-net for uninsured and underinsured individuals.



Values

**Accountable:** Steward community values and assets transparently.

**Ethical:** Work with honesty and integrity.

**Respectful:** Ensure all voices are heard and recognize those who do the work.

**Engaged:** Connect and commit to the community.

**Catalytic:** Instigate change to achieve real, measurable impact.

## 2020 Board of Trustees

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## WILLIAMSBURG Healthe FOUNDATION

Celebrates our community's resilience, strength, and kindness.







## What goes into your health?

