



Bacon Street Youth and Family Services (BSYFS), founded in 1971 as the Drug Action Center, began in a Williamsburg office on Bacon Avenue. Commonly known as "Bacon Street," it was established by a concerned group of individuals who aimed to provide a space free from drugs and alcohol for their children to congregate after school. Throughout the years, BSYFS has remained dedicated to its original mission, delivering a range of services focused on preventing and treating substance use among adolescents and their families.

In 2015, the organization changed its name to Bacon Street Youth and Family Services to pay tribute to this history and emphasize its commitment to serving young individuals and families. Today, BSYFS caters primarily to youth ages 10-26 and their families in working to prevent substance use and provide specialized treatment for adolescent substance abuse and mental health-related issues.



2022 Grants Awarded



Advocacy and Capacity Building

Catchafire catchafire.org Catchafire
chkd.org Construction of CHKD Mental Health Hospital and Outpatient Center
Community Health Solutions, Inc. chsresults.com Strategy Support for the Child Health Initiative (CHI)\$35,088
Strategy Support for the Children's Behavioral Health Provider Network
Strategy Support for the Chronic Care Collaborative
FISH, Inc. fishwilliamsburg.org New Refrigeration\$20,000
Hope Family Village hopefamilyvillage.org Williamsburg Fairweather Lodge (WFL)
HousingForward Virginia housingforwardva.org Housing Policy Advocacy\$20,000
James City County jamescitycountyva.gov/3932/Guardianship Greater Williamsburg Guardianship Navigator \$55,000
Medical Society of Virginia Foundation msv.org/Foundation VMAP Education for PCPs on Pediatric Mental Health\$20,000
Mental Health America of Virginia mhav.org Behavioral Health Policy Advocacy\$20,000
Network For Good networkforgood.com Jumpstart Fundraising Services

2022 Grants Awarded



Postpartum Support Virginia, Inc. postpartumva.org Enhancing Care through Technology\$5,000
United Way of the Virginia Peninsula uwvp.org Greater Williamsburg Trauma Informed Community Network (GW-TICN)
Virginia Association of Free & Charitable Clinics vafreeclinics.org Health Policy Advocacy\$20,000
Virginia Early Childhood Foundation vecf.org Child Policy Advocacy
Virginia Health Catalyst vahealthcatalyst.org Health Policy Advocacy\$20,000
Voices for Virginia's Children vakids.org Child Policy Advocacy\$20,000
York-James City-Williamsburg NAACP yjcwnaacp.org
Capacity-Building Planning Grant\$20,000



Two-Generation Family Services

Child Development Resources

cdr.org

Basic Operating Support.....\$225,000

City of Williamsburg

James City County



Postpartum Support Virginia (PSVa) educates families, healthcare providers, and communities about Perinatal Mood & Anxiety Disorders (PMADs). Their primary objective is to equip new and expectant mothers and their families with the necessary resources to overcome anxiety, depression, and other PMADs.

PSVa advocates for universal screening during pregnancy and the first year after birth, ensuring early detection and intervention of PMADs are readily available. Among its many services, PSVa provides a year-round support line (warmline); facilitates virtual and in-person support groups (including mothers and babies' groups); operates a mentor program; and provides training for healthcare providers in screening for and treating PMADs.



In 1947, the agency extended its services to provide family counseling throughout the Peninsula, a steadfast commitment to this day. Today, the Center for Child & Family Services provides trauma informed services in behavioral health, mental health, and financial counseling, along with other programs, carrying on its longstanding mission of serving the community and promoting the well-being of children and families. The Center for Child & Family Services offers services at its Williamsburg and Newport News locations.

2022 Grants Awarded



Healthy Eating, Active Living

thearcgw.org Fitness Program\$35,000
Colonial Court Appointed Special Advocate (CASA) Program colonialcasa.org Healthy Eating Active Living (HEAL) for Colonial CASA
Grove Christian Outreach Center groveoutreach.com Food Distribution Program\$20,000
Fresh Food Distribution
Virginia Legacy Soccer Club valegacysoccer.com Virginia Legacy W-JCC 2022 Fall Recreational Soccer Program
Virginia Legacy W-JCC 2023 Recreational Soccer Program
Virginia Peninsula Foodbank hrfoodbank.org Mobile Food Pantry\$50,000
Williamsburg Community Growers growwilliamsburg.org Expand Our Farm
growwilliamsburg.org
growwilliamsburg.org Expand Our Farm
growwilliamsburg.org Expand Our Farm

2022 Grants Awarded



Foundation for Rehabilitation Equipment & Endowment (F.R.E.E.) free-foundation.org F.R.E.E. of Williamsburg\$26,000
Honoring Choices Virginia honoringchoices-va.org Educating Advocates for Advance Care Planning (ACP)\$11,300
Peninsula Agency on Aging (PAA)
paainc.org Nutritious Noontime Meals
PAA RIDES\$120,000
PAA Williamsburg — Care Coordination\$84,000
Williamsburg Area Faith in Action wfia.org
In-Home Support Services\$22,500
Medical Transportation\$19,000



Colonial Behavioral Health colonialbh.org Chronic Care Collaborative
Community Access Network communityaccessnetwork.org Integrated Care Planning
Gloucester Mathews Care Clinic gmcareclinic.com Chronic Care Collaborative
Lackey Clinic lackeyclinic.org Chronic Care Collaborative
Olde Towne Medical & Dental Center oldetownemedicalcenter.org Chronic Care Collaborative



Colonial Behavioral Health (CBH), founded in 1971, is the local Community Services Board (CSB) that serves as a "single point of entry" into Virginia's publicly funded system of behavioral health services. CBH provides emergency and non-emergency mental health and substance use services to James City County, York County, Williamsburg, and Poquoson residents. It offers pathways to recovery for families and individuals who face mental illness, substance use disorder, and developmental disabilities. Staff includes psychiatrists, psychologists, social workers, counselors, nurses, case managers, and others. Since 2001, the Commission on Accreditation on Rehabilitation Facilities has accredited CBH's Intensive Outpatient Program (IOP), evidence of their dedication to providing the highest quality patient care.



- 1. Practice mindfulness
- 2. Draw, paint, or color
- 3. Blow bubbles
- 4. Take a walk
- 5. Play music
- 6. Sing a song out loud
- 7. Make a gratitude list
- 8. Play a game
- 9. Dance to your favorite song
- 10. Throw rocks into the woods
- 11. Read
- 12. Write down what you are feeling and why
- 13. Chew gum
- 14. Go for a drive
- 15. Call a friend
- 16. Rearrange furniture
- 17. Do yoga or stretch
- 18. Scream into a pillow
- 19. Light a scented candle
- 20. Cook or bake

Provided by Bacon Street Youth and Family Services.



2022 Grants Awarded



Behavioral Healthcare

Bacon Street Youth and Family Services	
baconstreet.org	
Youth Mental Health and	

Substance Use Counseling.....\$65,000

Center for Child & Family Services, Inc.

kidsandfamilies.com

Multicultural Counseling and

Colonial Behavioral Health

colonialbh.org

Greater Williamsburg Child

Assessment Center (GWCAC).....\$271,000

Postpartum Support Virginia, Inc.

postpartumva.org

Healthy Moms, Healthy Babies\$20,000



Medication Access

Rx Partnership

rxpartnership.org

Virginia Health Care Foundation

vhcf.org

Greater Williamsburg Medication



2022 Grants Awarded



Colonial Behavioral Health

colonialbh.org Greater Williamsburg Network of Care (NOC).....\$22,500 Intensive Outpatient Program (IOP) \$37,500 The Doorways thedoorways.org Support for Operations\$11,500 Literacy for Life at the Rita Welsh Adult Learning Center literacyforlife.org Health Education and Literacy Program (HEAL) in Williamsburg.....\$30,000 Sentara Health Foundation sentara.com Nightingale GPS Upgrade Campaign \$10,000



.....\$32,900

\$4,886,660

total amount of grants awarded for 2022



Prevention & Crisis Lifelines

If you or a loved one are experiencing a mental or behavioral health crisis, free and confidential resources are available 24/7 to help.

Colonial Behavioral Health Emergency Services 757.358.5555

Emergency services are available to address urgent or severe behavioral health crises

988 Suicide & Crisis Lifeline **Dial 988**

Free and confidential support for people in distress, prevention and crisis resources for you and your loved ones

Veterans Crisis Line

Dial 988 Press 1

Support that connects veterans and service members in crisis and their family and friends with qualified, caring VA responders through a confidential hotline, chat or text

Reach DD Crisis Services

1.888.255.2589

Mobile crisis intervention program that provides crisis support to individuals with a Developmental Disability who are experiencing mental health or challenging behavioral needs

